



# 2019-2020 Coaches Kickoff

- Training
- Expectations
- Tips
- Recognition
- Introductions
- Food 😊



# Champions

➤ 16 of 17 Varsity Sports made it to the Playoffs!

➤ 21-6A Overall Standings

➤ Deer Park 36

Sterling 83

➤ North Shore 44

United 84

➤ La Porte 57

➤ West Brook 61

➤ C. E King 81

➤ Channelview 87



# Championships

- 7B Volleyball Season Champions- FJH
- 8<sup>th</sup> Boys XC- BJH
- 8B Volleyball Season Champions- DPJH
- 7A Volleyball Tournament Champions- FJH
- 7<sup>th</sup> & 8<sup>th</sup> Boys Swimming-FJH
- 8A Girls Basketball Season Champions-BJH
- 8A Girls Basketball Tournament Champions- DPJH



# Championships

- 8B Girls Basketball Season and Tourney Champs- DPJH
  - 7<sup>th</sup> Boys Soccer- DPJH
  - 7<sup>th</sup> Girls Soccer- FJH
  - 8<sup>th</sup> Girls Swim- DPJH
  - 8<sup>th</sup> Boys Tennis- BJH
  - 7A Girls Basketball Season and Tourney Champs- DPJH
  - 7B Girls Basketball Season Champs- DPJH
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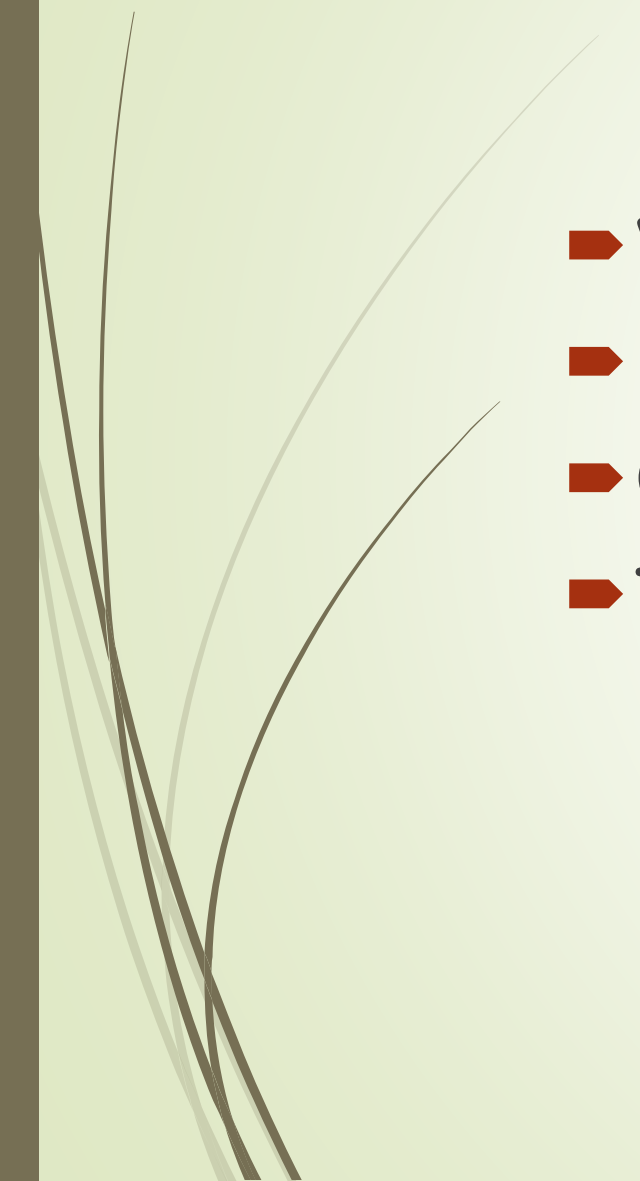


# Championships

- 7<sup>th</sup> Girls Swim-FJH
- 7B Football- DPJH
- 7<sup>th</sup> Grade XC- DPJH
- 8<sup>th</sup> Boys Soccer- BJH
- 7<sup>th</sup> Girls Tennis- FJH
- 8<sup>th</sup> Girls Tennis – FJH
- 8<sup>th</sup> Girls Soccer- DPJH



# Varsity Championships

- **Volleyball- District and BI-District Champs**
  - **Boys Cross Country- Regional Meet**
  - **Girls Cross Country- Regional Meet**
  - **Team Tennis- BI-District Champs**
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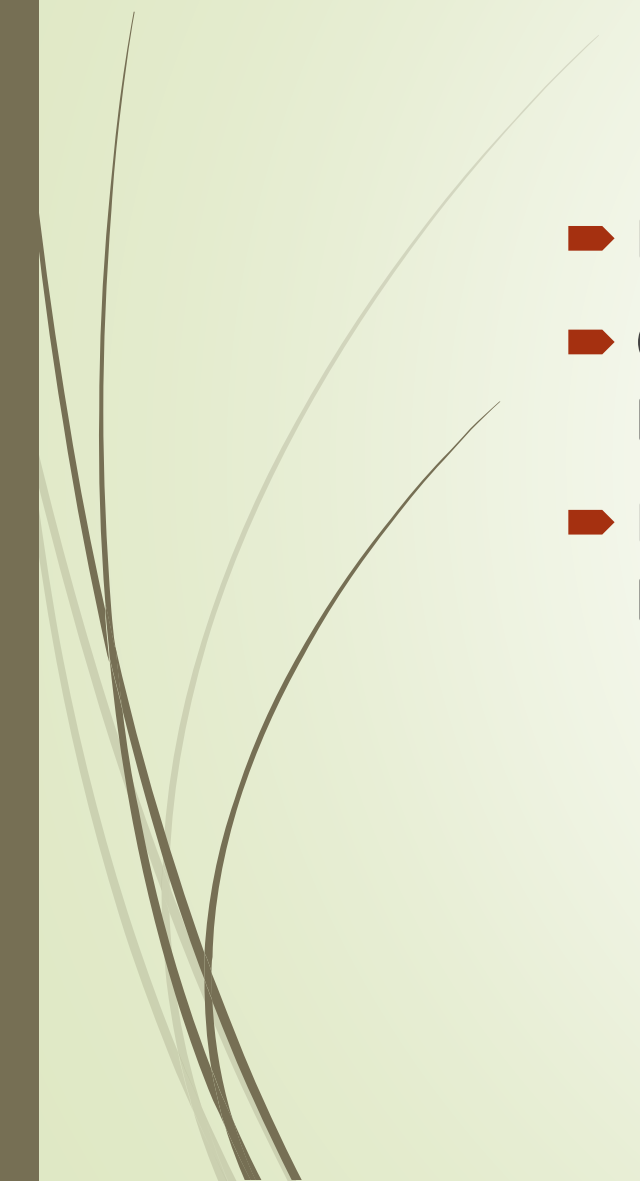


# Varsity Championship

- **Girls Swimming- District Champs, Regional Meet, 5 Swimmers to STATE!**
- **Boys Swimming- District Champs, Regional Meet, 1 Diver to STATE!**
- **Girls Soccer- District Champs, BI-District Champs, Area Champs**



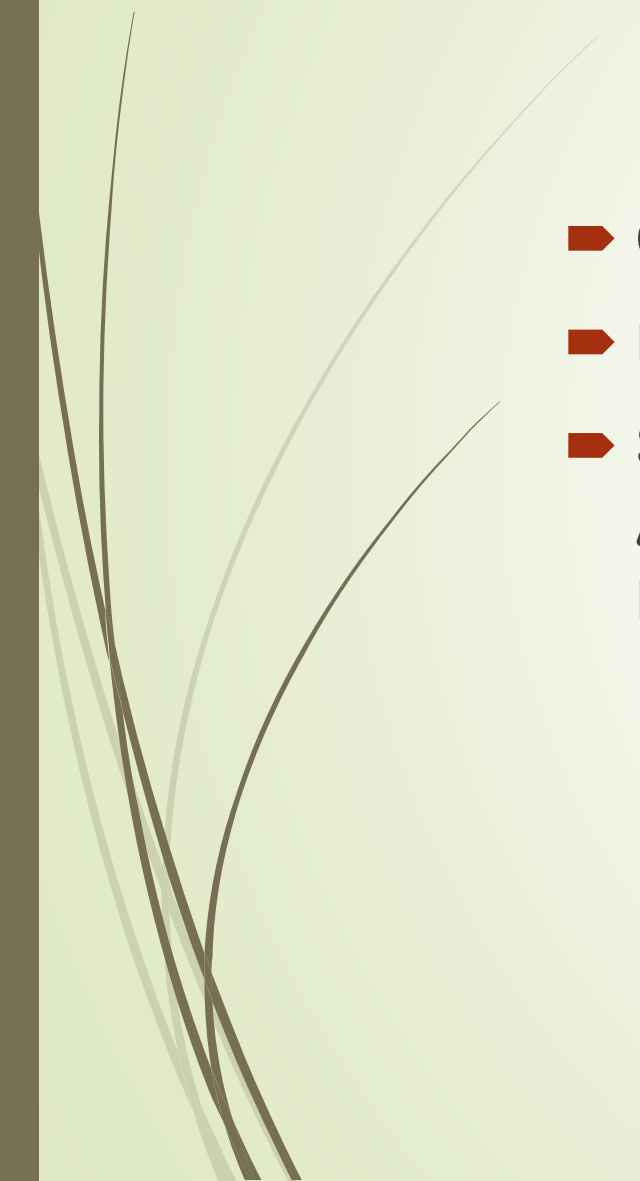
# Varsity Championships

- Boys Soccer- BI-District Champions, Area Champions
  - Girls Track- 5 runners to Area Meet, 1 runner to Region Meet
  - Boys Track- 7 runner to Area Meet, 1 runner to Region Meet.
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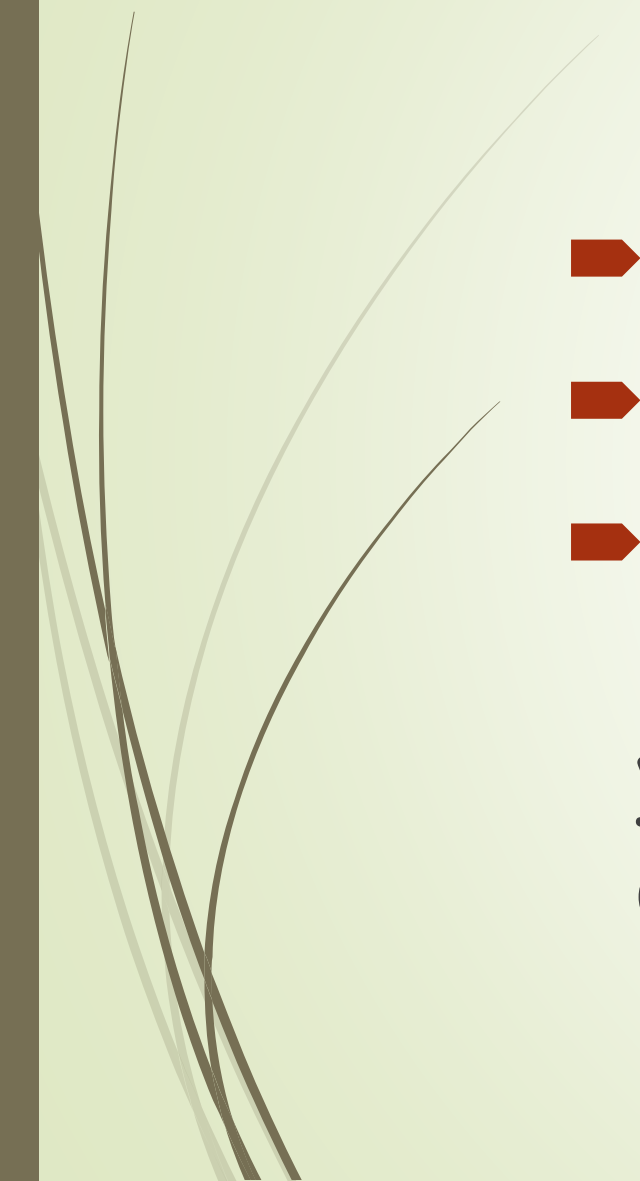



# Varsity Championships

- **Girls Golf- District Champions, Regional Meet**
  - **Boys Golf- District Champions, Regional Meet**
  - **Softball- District Champions, BI-District Champions, Area Champions, Region Quarters, Region Semi's, Regional Finals**
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# Expectations

- **Be the best teacher you can be!**
  - **Be a Professional!**
  - **Will always defend this great profession and you, just make sure you do not do anything I cannot defend!**
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# Coach K's "Can't Stand It List"

1. Selfish Players
2. Soft Players
3. Lazy Players
4. "Too Cool Players"
5. Individual Stat Lovers.
6. "I don't like to practice players"
7. "Know it all Players"
8. Unintelligent Players
9. Players that pout

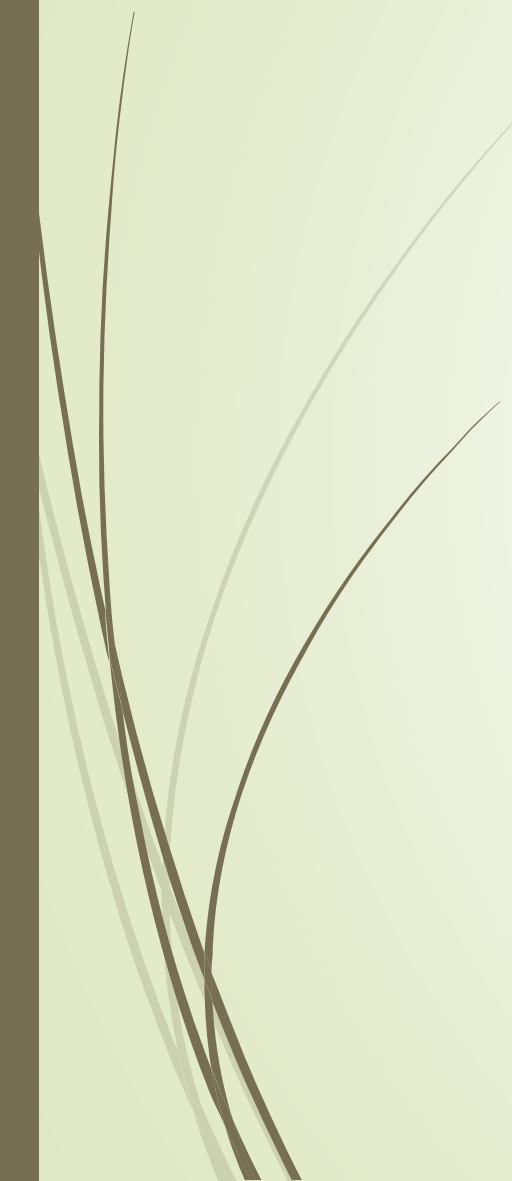



# Jim Davidson


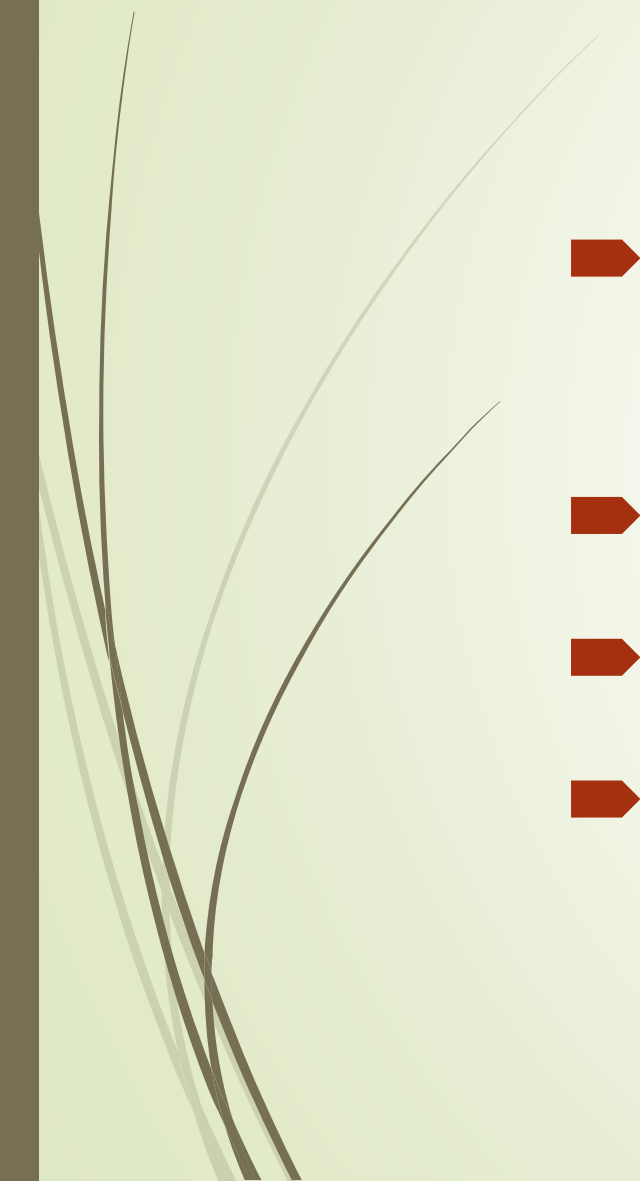
- **Perry Weather**
  - **Concussion Protocol**
  - **Athletic Paperwork**
- 



# **Handbook, Manual, Code of Conduct, Eligibility, and Parents.**

- **Handbook and Manual- Know where they are, and know what is in each.**
  - **Code of Conduct- Read the entire Code, and go over select parts with your teams.**
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- **Eligibility- Be an expert on the dates!!  
Have at least 2 coaches on your staff  
cross check (during the 4 loss of  
eligibility dates).**

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- **Parents- In most cases they are biased.**
  - **Be Consistent.**
  - **Call them back.**
  - **Meet in a group.**



# Austin Flynn

- ▶ UIL Website- Be an expert in your sport! **ASSIGNMENT**
- ▶ Introduction of New Coaches





# Assignment


- Be the expert of UIL rules in your sport!
- Go to [uil.org](http://uil.org) and print out your overview page, sign it and turn it in to me.



# Competitive Break

## ► Competition time!

- To win this you must make a group of 10
- And you cannot have 2 from the same staff.
- Your group must have the following in your 10 person group

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- **1- JH Coach**
  - **2-HS fall sports**
  - **2-HS spring sports**
  - **1- HS indoor sport**
  - **2- HS outdoor sports**
  - **2- Sports that does not require a ball**
  - **1-Wild Card ( can be a substitute for any category)**



# Welcome to DPISD

- ▶ **New Head Coaches:**
  - ▶ Troy Ramsey- Strength and Conditioning
  - ▶ Taylor Henson- DPJH Boys Basketball
  - ▶ Chris Gross- BJH Boys Basketball



➤ **New to DPISD:**

- **Chris Gross, Terrance Ballard, Josh Dumatrait, Curt Bitterly, Jimmy Riggan, Elijah DeLeon, Marlana Teekel, Toree Daniel, Blake Hayes, Jaime Wells, Emilee Mayes, Josh Kirk, Jeff Sciba, Chris Monson, Matthew Tibiletti, Matthew Weise, Michelle Linton, Jillian Turner, Stacy Williams, Leigh Weaver, Rae Galloway, Emily Beaty, Alanis Guevara**



# Rankone



# 20 TIPS FOR A POSITIVE NEW YEAR

2019

## 1 STAY POSITIVE

You can listen to the cynics and doubters and believe that success is impossible or you can trust that with faith and an optimistic attitude all things are possible.

## 2 TAKE A DAILY "THANK YOU WALK"

You can't be stressed and thankful at the same time. Feel blessed and you won't be stressed.

## 3 EAT HEALTHIER FOODS

that grow on trees and plants and less foods manufactured in plants.

## 4 TALK TO YOURSELF

instead of listen to yourself. Instead of listening to your complaints, fears and doubts, talk to yourself with words of truth and encouragement.

## 5 NO ENERGY VAMPIRES ALLOWED

Post a sign that says "No Energy Vampires Allowed" Gandhi said "I will not let anyone walk through my mind with the dirty feet."

## 6 BE A POSITIVE TEAM MEMBER

Being positive doesn't just make you better, it makes everyone around you better.

## 7 DON'T CHASE SUCCESS

Decide to make a difference and success will find you.

## 8 GET MORE SLEEP

You can't replace sleep with a couple latte.

## 9 DON'T WASTE YOUR ENERGY

Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts or things you cannot control.

## 10 LOVE, SERVE AND CARE

You don't have to be great to serve, but you have to serve to be great. Look for opportunities to Love, Serve and Care.

## 11 REMEMBER YOUR WHY

Love your purpose. Remember why you do what you do. We don't get burned out because of what we do. We get burned out because we forget why we do it.

## 12 LOVE THE PROCESS

Remember there's no such thing as an overnight success. Love the process and you'll love what the process produces.

## 13 HAVE TRUST

Trust that everything happens for a reason and expect good things to come out of challenging experiences.

## 14 NO COMPLAINING RULE

Implement the No Complaining Rule. If you're complaining you're not leading.

## 15 READ MORE

Read more books than you did in 2018. (I happen to know of a few good ones.)

## 16 DON'T SEEK HAPPINESS

Instead live with love, passion and purpose and happiness will find you.

## 17 FOCUS ON "GET TO"

Focus on "Get to" vs "Have to." Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.

## 18 GET BACK UP

The next time you "fall" remember that it's not meant to define you. It's meant to refine you.


## 19 SMILE & LAUGH MORE

They are natural anti-depressants.


## 20 ENJOY THE RIDE

You only have one ride through life so make the most of it!

sign up for more tips at [JonGordon.com](http://JonGordon.com)



# **“Reasonable Adult Judgement” (Common Sense)**

- **How we talk to students and your student athletes.**
  - **Arrive before the athletes and stay until they are all picked up.**
  - **How you conduct yourself in public.**
  - **You can be friendly but you are not their friend.**
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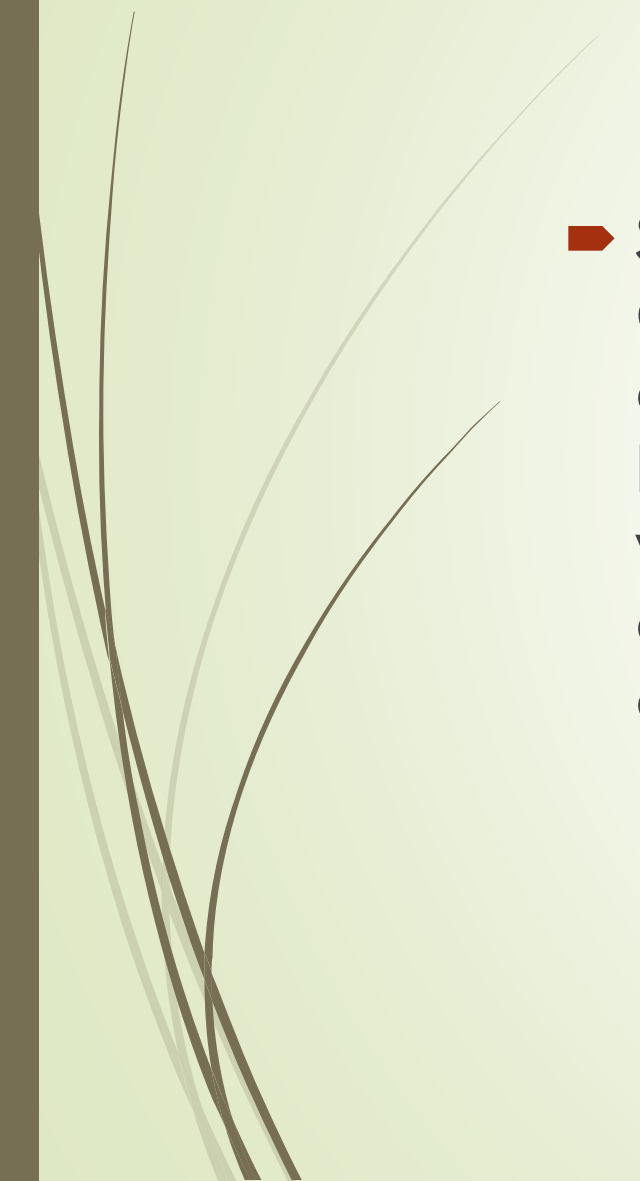
# Ethics Scenario #1

- ▶ A high school coach became the subject of considerable publicity when it was learned that his name was among those that had been released in 2015 hacking of the “Ashley Madison” dating website. An accompanying fully frontal nude photo of the coach, which had been taken with his consent by his then (now ex-wife), was also posted on the internet. Should the school district terminate the coach for “immoral conduct”?



## Ethics Scenario #2

- ▶ An 8<sup>th</sup> grade teacher was convinced that one of her students was being cyber-bullied by classmates but wanted additional proof, as the teacher was frustrated with what she believed was the inaction of the administration over their response to the alleged cyber-bullying. As such, teacher opened a facebook account by posing as a student and in little time acquired over 300 friends, many of whom were students in her classes at school. True to her convictions, she was able to discover the identity of both the victim and 10

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- ▶ Students who were viciously bullying the student online. On the same day that the teacher was going to turn over the evidence to the parents of the bullied student, her identity was found out and complaining students went to the principal. The teacher turned over the evidence to both parents and principal and was placed on administrative leave. Thoughts??

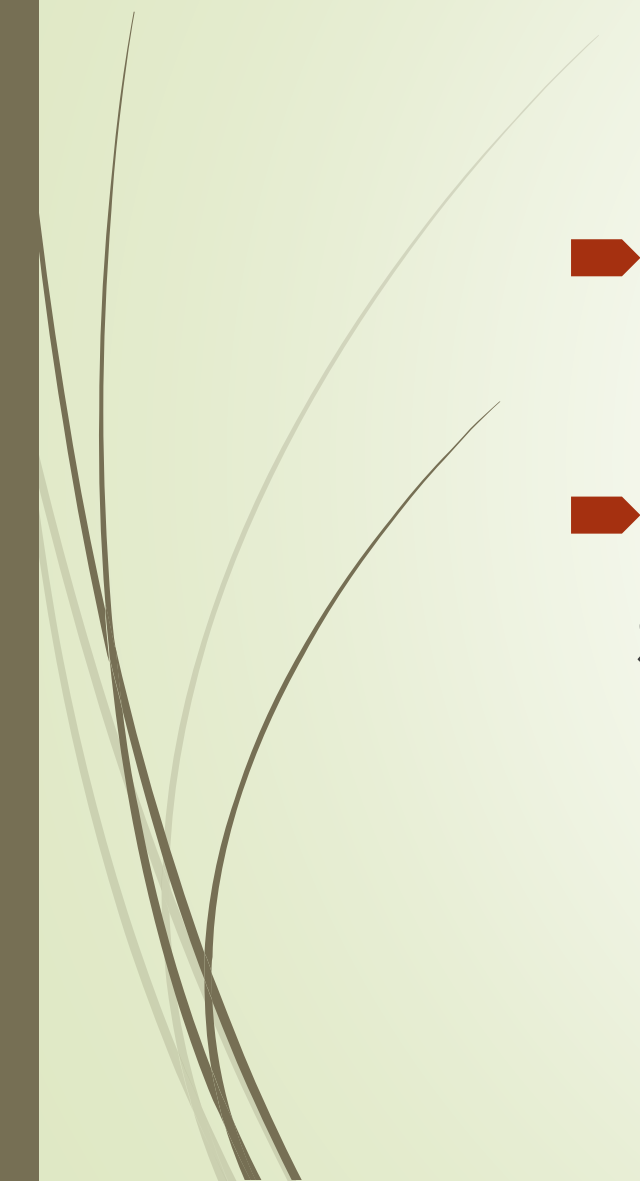


## Ethics/ Illegal Scenario #3

- ▶ A coach at Deer Park HS has one of his athletes collapse and become unconscious while participating in off season class. Said coach completed training on rankone and was aware that NO athlete should participate if they are not “green” in rankone. As administration, UIL and TEA investigate they find the athlete was indeed “red” in rankone. Coaches, explanation was the athlete told him he was “Green” but Coach did not actually look at rankone. Thoughts...




# “Green means GO”

- If Athlete is “Red” they may NOT participate at all in any manner.
  - Does not matter if it is during the school day or after school, they must be “GREEN” in order to participate.
- 



# Postmortem vs Premortem

- ▶ Postmortem- “coroner, and physicians examine a dead body to determine the cause of death.” We as Coaches do the same don’t we?
  - ▶ Premortem-”The best way to recover from a false start is to avoid one in the first place. By imagining failure in advance- by thinking through what might cause a false start-you can anticipate some potential problems and avoid them.”
- 



# New Initiatives

- ▶ **Student Athlete Leadership Council**
  - ▶ Would like two Varsity athletes from each HS sport to meet once or twice a month before school.
  - ▶ Idea is to talk, show, model leadership among your classmates.
  - ▶ If it all goes well, we would potentially bring those council members to the JH's in the spring.



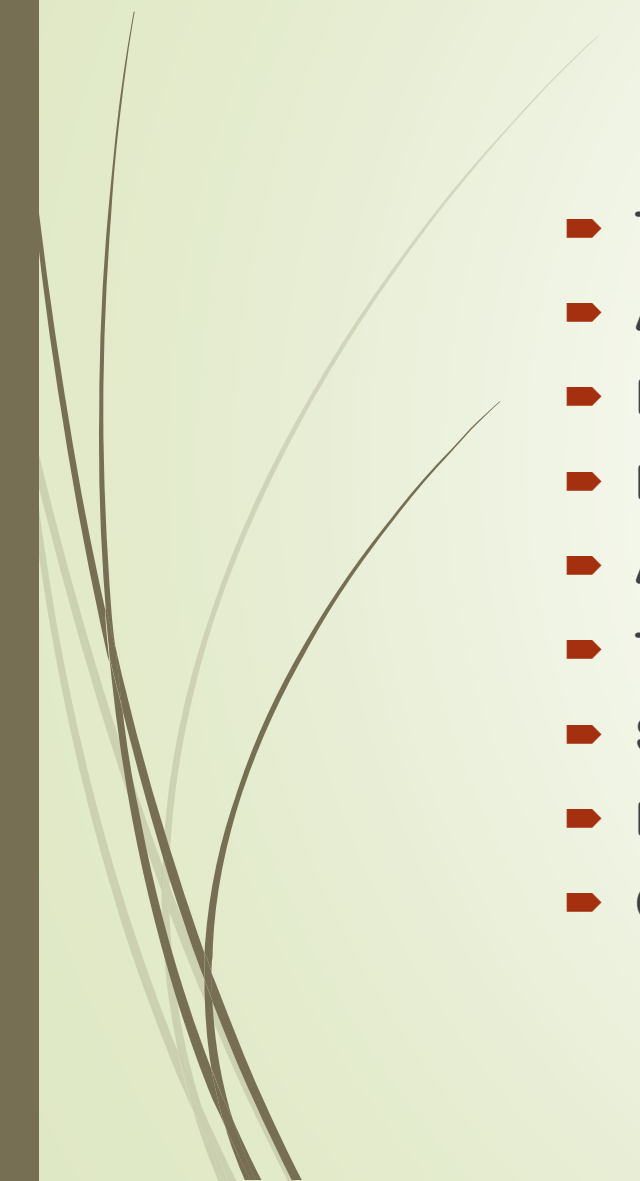
## ➤ Leadership Academy

- Geared for those coaches that want to learn, improve, advance.
- Learn from proven leaders and your peers.
- “Why the Best are the Best” by Kevin Eastman
- “Toughness” by Jay Bilas





# “Why The Best Are The Best”

- Truth
  - Action
  - Intentional
  - Preparation
  - Accountability
  - Trust
  - Sacrifice
  - Discipline
  - Commitment
  - Belief
  - Unrequired
  - Choices
  - Circles
  - Competition
  - Passion
  - Habits
  - Urgency
  - Standards
  - Courage
  - Curiosity
  - Respect
  - Adjustment
  - Humility
  - Investment
  - Talent
- 



# “Toughness”

- 
- Trust
  - Preparation
  - Courage
  - Communication
  - Persistence
  - Next Play
  - Commitment
  - Acceptance
  - Resilience
  - Self-evaluation
  - Hope

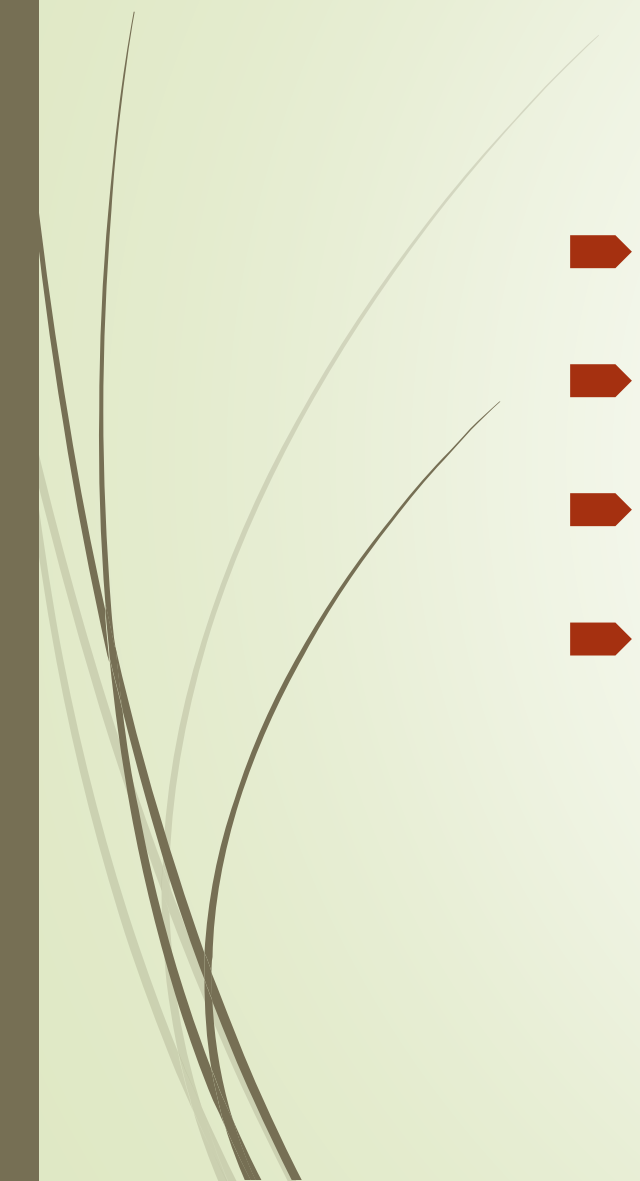


## ➤ Rookie Coaches Academy

- Supporting and guidance of rookie coaches.
- Sept 24, Nov 5, Jan 28, March 3, April 14
- Same dates as FYTA, we will meet for lunch on those days.



# Deer Park Athletic Hall of Honor Inductees

- Don Crosslin, Class of 1969
  - Robert Shaw, Class of 1979
  - Jason Skaer, Class of 1994
  - Ashley Winn, Class of 2006
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## REMIND ALL COACHES

- ✓ **Know Your Sport Rules** – NCAA, NFHS, USTA, USGA
- ✓ **Download Sport Manuals** – These are updated every year
- ✓ **Download Side by Side Manual** – For questions about eligibility
- ✓ **Educate / Lead Your Staff**

*"I didn't know what the outcome would be but I committed to the purpose."*

*#coachingwithintent*



Tweet your reply

# Obligations and Responsibilities

