



Reopening CFISD: Athletics Summer Strength & Conditioning & Sport Specific Instruction



OPERATIONAL PLAN CHECKLIST

Health Services:

- Distribute protocols and procedures for daily health screening of all staff and students.
- Distribute educational materials for students, staff, and the community on good hygiene practices.
- Distribute materials for staff use of PPE and screening of students.
- Distribute protocols and procedures for staff and student-athletes, i.e., wearing PPE, social distancing in all utilized locations, etc.
- Distribute protocols and procedures for students and staff returning to camp/duty after an illness.

Covid-19 Response Guidelines: Students or Staff with Suspected, Presumptive, or Confirmed COVID-19

[Student Guidelines]

- Implement district guidelines by following general steps to take when responding to a suspected, presumptive, or confirmed COVID-19 case in our athletic facilities/workplace.
- Take immediate action to prevent additional athletic facility/workplace and community spread.

Preparing Facilities:

- Thoroughly disinfect all interior surfaces.
- Ensure the cleaning supplies inventory is sufficient for the total number of areas being utilized.
- Ensure adequate cleaning supplies, hand soap and sanitizer are available in restrooms, facility entrances, and by identified high traffic and touch surfaces and areas.
- Evaluate the number of athletics staff assigned to each facility to determine if additional support is needed.
- Identify high touch surfaces and areas that require thorough cleaning due to heavy usage – i.e., weight rooms, gyms, restrooms, staff offices, etc.
- Identify areas restricted for use – i.e., water fountains, locker rooms, etc.
- Ensure adequate ventilation in coaches' offices is available (relocate if necessary).



- Ensure weight room and gym setups allow for social distancing.
- Ensure office workspaces and other areas allow for social distancing.
- Distribute cleaning protocols and guidelines for staff.

Preparing Staff and Students:

- Implement a communication plan for returning staff and students.
 - Camp Timeline
 - Protocols and procedures for daily health screening of staff and students
- Implement policies and procedures regarding high traffic areas (propping doors, hallways, etc.).
- Implement policies and procedures to accommodate staff and students returning to duty/camp and/or daily health screenings.
- Train all staff and students on the enhanced health and safety protocols and procedures. Stress the “why” behind each new measure.

Preparing Parents:

- Implement policies and procedures (see below)
- Implement a communication plan for the reopening of athletic facilities.
 - Protocols and procedures for daily health screening of students
 - Enhanced health and safety protocols and procedures
 - Protocols and procedures at camp drop-off/pick-up locations

Transitioning:

- Implement health and safety protocols and procedures for groups – i.e., hand sanitizer, sanitizing between rotations, social distancing of students and staff.
- Determine if additional routes are needed to accommodate social distancing.
- Train all staff on the enhanced health and safety protocols and procedures.



Technology Services:

- Provide remote access (at-home workouts) for students unable to report to school/camp.
- Utilize SportsYouapp as needed to facilitate communication between students, staff and parents.

Instruction:

- Modify instruction/coaching practices to ensure compliance with all UIL/TEA/CFISD rules and regulations.
- Review all guidelines to determine if modifications are needed to accommodate students and respect social distancing.

Athletics Leadership:

- Implement health screenings of staff and students at the start of each day.
- Implement systems for reducing the congregation of students:
 - Before and after camp
 - Restroom – one-in, one-out model
 - Hallways – traffic flow and staggered rotations
 - Student drop-off and pick-up locations
- Implement protocols and procedures for sanitizing equipment between rotations and/or sessions.
- Implement protocols and procedures for use of weight rooms.
- Review the camp schedule to determine if modification is needed.
- Implement contingency plans for bad weather.
- Distribute parent resources and information on enhanced campus health and safety protocols.
- Train students on health protocols, including social distancing.
- Ensure adequate inventory of cleaning supplies.



Strength and Conditioning/Sport Specific Instruction Programs:

- Plan for reduced capacity for gyms or weight rooms as per guidelines.
- Determine registration for camp.
- Implement procedures for health screenings of staff and students at the start of each day.
- Determine if there is an adequate inventory of needed supplies, i.e., thermometers, gloves, masks, cleaning supplies, etc.
- Train all staff on enhanced health and safety protocols and procedures.

Communication:

- Develop a comprehensive communication plan for sharing enhanced health and safety protocols, procedures, and guidelines.
- Distribute materials for educating students, staff, and the community on good hygiene practices.