



# Rio Grande City Grulla CISD



2021-2022  
UIL Athletics  
Orientation Meeting

# Sports Quote

Play because you love the game. Work hard because you love WINNING!

# Sports Quote

“Success is peace of mind which is a direct result of self-satisfaction in knowing you did your best to become the best you are capable of becoming.”

John Wooden

001



**General C&CR Update 2021-22**



# AGENDA

- UIL INFORMATION
- SPORT SPECIFIC INFORMATION
- COACHING REMINDERS
- RULES & REGULATIONS
- ATHLETIC DEPARTMENT GUIDELINES AND PROCEDURES
- MISCELLANEOUS INFORMATION

Director of Athletics  
**Dr. Susan Elza**



**Associate AD**  
**Brian Polk**



**Assistant AD**  
**Joseph Garmon**



**Assistant AD**  
**AJ Martinez**



**Assistant AD**  
**Brandy Belk**





# Purpose and Philosophy of the UIL

- To assist and advise schools
- To establish and enforce eligibility rules
- To regulate competition
- To promote good sportsmanship
- To forward the concept of accepting decisions and respecting sports officials



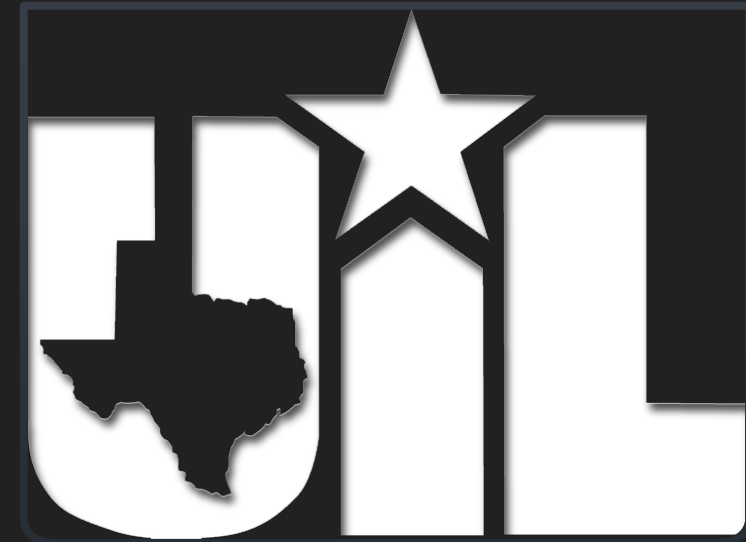
# Coordinated Communication

1. Always find answer to an eligibility question before allowing an athlete to compete.
2. Know rules and their interpretations pertaining to your sport.
3. UIL website/Constitution and Contest Rules book/Side by Side Manual are great resources.
4. Speak to your Head Coach/Athletic Coordinator/ Athletic Director before you call.
5. Designate who will make contact with UIL if needed.



# LEAGUE GOVERNANCE

- ✓ **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- ✓ **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- ✓ **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals
- ✓ **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.





# How to Increase Benefits of Athletic Competition

- 1) Work with athletes to set personal and team goals.
- 2) Care about students even more than the sport.
- 3) Know the players and help them handle pressure.
- 4) Use your tremendous influence to help athletes set and attain high academic and behavior goals appropriate for individuals in the limelight of public attention.
- 1) Teach the value of fitness, exercise, nutrition, and self awareness.
- 2) Give student athletes proper and safe equipment.
- 3) Cultivate good attitudes: "Give 100 % no matter what the outcome."
- 4) Recognize athlete's accomplishments in academics, athletics, and other activities.
- 5) Encourage media to recognize the academic as well as athletic progress of players.

# CONSTITUTION CHANGES 2021-2022

## **ATHLETICS:**

**SECTION 1204: SPORTS OFFICIALS: THIS AMENDMENT ADJUSTS THE PORTAL TO PORTAL TRAVEL REIMBURSEMENT FOR THE UIL OFFICIALS FEE SCHEDULE (1204) AND REMOVES THE MILEAGE RANGE (91 – 120.9) INITIATING TRAVEL REIMBURSEMENT AT 91 MILES IN PLACE OF THE ORIGINAL 121 MILES.**



# HB 547: Homeschoolers and UIL

- The Tim Tebow Bill!
- A homeschool student MAY be allowed to participate in UIL activities representing the public school.
- It's the school's choice—this is not an entitlement. It's permissive.
- Student is eligible to participate at the school “that the student would be eligible to attend based on the student’s residential address.” Proof of residency must be provided.
- Student must comply with school policies re: registration, age eligibility, fees, insurance, transportation, physical condition, qualifications, responsibilities, event schedules, behavior and performance standards, and immunization



## 2021-2022 Rule Changes

### Athletics:

Section 1207: RULES, VIOLATIONS AND PENALTIES: This amendment clarifies the authority of the UIL State Executive Committee and District Executive Committee when an assault of a sports official occurs by a student and requires schools to develop a policy for preventing a spectator who commits an assault of a sports official from attending future UIL events.

## 2021-2022 Rule Changes

### Policy:

**Section 868:** BROADCASTS OF UIL EVENTS: This allows for UIL member schools to permit the live webcast of a regular season football game on a Friday night.

Several sections of the UIL Constitution and Contest Rules have been amended to comply with **HB547** passed by the 87th Legislature regarding non-enrolled (home schooled) students seeking participation in compliance with all provisions included in section 33.0832 of the Texas Education Code. These rule changes can be found on the UIL website: <https://www.uiltexas.org/policy>



# Safety Precautions

- All physical exam and medical history information must be on file for every athlete.
- Coaches should know the physical condition of their athletes and set practices accordingly.
- Acclimatization (process of gradually adjusting to heat) is very important, especially in the beginning of school year due to heat and fitness level of athletes.
- Water should be available in unlimited quantities to athletes at all times. Fluid replacement is essential. It is recommended that a minimum of 10 minutes be scheduled for a water break every half hour of heavy exercise in heat.
- It is not enough to just provide water breaks –you must monitor athletes to make sure they drink water.

# Section 1208: Athletic Regulations

- COACHES CERTIFICATION PROGRAM (CCP) – COACHES NOW REQUIRED TO HAVE ALL CCP COURSES DONE BY THE START OF THEIR FIRST PRACTICE OR THE START OF SCHOOL. WHICHEVER COMES FIRST.
- THE NAMES OF COACHES WHO COMPLETE THE UIL COACHES CERTIFICATION PROGRAM WILL BE KEPT ON FILE BY THE SCHOOL.



# **SB 1697:** which allows parents and guardians to elect for a student to repeat a grade and its impact on UIL rules.

## ○ **2021-2022 Seventh and Eighth Grade Students:**

- For the 2021-2022 school year only, a student in the seventh or eighth grade who repeats the grade under the provisions of this bill is treated in the same manner as a student who is retained by the school.
- Thus, any student repeating the seventh or eighth grade under the provisions of SB 1697 would **NOT be eligible** for UIL activities for the first six weeks of the 2021-2022 school year.

# **SB 1697:** which allows parents and guardians to elect for a student to repeat a grade and its impact on UIL rules.

## ○ **High School Students:**

- Students in ninth grade and above in the 2021-2022 school year repeating a course or grade under the provisions of SB 1697 are **still subject to UIL eligibility rules**. The age rule, four-year rule, and requirements for academic eligibility for the first six weeks of the school year are unchanged by SB 1697.
- All of these rules can be found in Subchapter M of the UIL Constitution and Contest Rules. ALL OF THESE RULE STILL APPLY.



# COVID-19

Make sure you are familiar with the COVID-19 athletics guidelines page on the UIL website:

[www.uiltexas.org](http://www.uiltexas.org)





## UIL Coaches Checklist Basketball 2020-21



	CHECKLIST	REFERENCE	COMPLETION DATE
✓	<b>PRE-SEASON</b>		
	Register/update profile in the UIL Portal	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Practice
	Print and review Basketball Manual	<a href="#">Basketball Manual</a>	Prior to 1 <sup>st</sup> Practice
	Update Coach name in Max Preps	<a href="#">MaxPreps</a>	Beginning of school year
	UIL yearly coaching requirements (CCP & TEC) (manual, p. 12)	<a href="#">Coaching Requirements</a>	Prior to 1 <sup>st</sup> Practice
	Student participation required forms. Keep on file. (manual, p. 14)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Varsity participation required forms. Keep on file. (manual, p. 14)	<a href="#">Athletic Forms</a>	Prior to 1 <sup>st</sup> Practice
	Review rules regarding eligibility for athletic contests (manual, p. 13)	<a href="#">C&amp;CR Sec. 400 &amp; 403</a>	Prior to 1 <sup>st</sup> Practice
	Review Basketball Plan (manual, p. 10)	<a href="#">Basketball Plan</a>	Prior to 1 <sup>st</sup> Practice
	Review UIL rule changes (manual, p. 7)	<a href="#">UIL Rule Changes</a>	Prior to 1 <sup>st</sup> Practice
	Review NFHS rule change (manual, p. 9)	<a href="#">NFHS</a>	Prior to 1 <sup>st</sup> Practice
	Complete PAPFs and file with UIL Office • Apply/Complete any necessary Waivers and file with UIL	<a href="#">PAPF Process</a> <a href="#">Waiver Information</a>	Prior to 1 <sup>st</sup> Practice
	Submit Varsity Team Eligibility Form to district chair (UIL Portal)	<a href="#">UIL Portal</a>	Prior to 1 <sup>st</sup> Contest
✓	<b>REGULAR SEASON</b>		
	First day of practice		Girls: October 21 Boys: October 28
	First day for interschool scrimmages		Girls: October 31 Boys: November 7
	First day for playing interschool games		Girls: November 6 Boys: November 13
	Update schedule and record in MaxPreps	<a href="#">MaxPreps</a>	Ongoing
✓	<b>POST-SEASON</b>		
	Print and review Basketball Post Season Packet	<a href="#">Post Season Packet</a>	

# NEW 2020-2021 Checklists

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.





# COACHING REMINDERS

- **KNOW YOUR RULES**
- **YEARLY REQUIRED TRAINING**
- **EDUCATE / LEAD YOUR STAFF**

*“I didn’t know what the outcome would be but I committed to the purpose.”*





# Know Your Rules

- ✓ **Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).**
- ✓ **Download and / or print your SPORT MANUAL**
  - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- ✓ **Download or bookmark the Side by Side Manual**
  - Will answer questions about no-pass / no-play, eligibility and more.



## Accessing Your Manuals From your desktop

The screenshot shows the website [www.uiltexas.org](http://www.uiltexas.org) in a web browser. A red arrow points from the address bar to the URL. Another red arrow points from the 'ATHLETICS +' dropdown menu to a text box that says 'Go to specific sport or go to manuals in dropdown box'. The website features the UIL logo, a search bar, and a navigation menu with categories: ACADEMICS +, ATHLETICS +, MUSIC +, SPIRIT +, MEDIA +, and POLICY +. The background of the main content area shows several gold medals with the UIL logo and 'STATE' text, resting on a blue and white striped cloth.

**Go to specific sport or go to manuals in dropdown box**

**The University Interscholastic League**

The University Interscholastic League exists to provide educational extracurricular academic, athletic, and music contests.



# Finding Your Manual From your desktop

The screenshot shows the UIL Athletics Manuals page. A red callout box with the text "Go to specific sport or go to manuals in dropdown box" has two arrows pointing to the "Manuals" link in the "High School Sports" dropdown menu and the "Manuals" link in the "Sport Specific" section.

UIL Home > Athletics > Athletics Manuals

**MANUALS**

Director of Athletics:  
Dr. Susan Elza

Department Email:  
athletics@uiltexas.org

Department Phone:  
512-471-5883

Department Fax:  
512-471-6589

Assistant Athletic Directors:  
Brian Polk:  
bpolk@uiltexas.org  
Brandy Belk:

**High School Sports**

- Baseball
- Basketball
- Cross Country
- Football
- Golf
- Soccer
- Softball
- Swimming & Diving
- Team Tennis
- Tennis
- Track & Field
- Volleyball
- Wrestling

**Sport Specific**

- Baseball Manual
- Basketball Manual
- Cross Country Manual
- Football Manual
- Golf Manual

**Junior High Manual**

The Junior High Manual is available on each of the Junior High Sport pages.

- Junior High Sports



# UIL Coach Education and Training Requirements (State Law)

- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)



# UIL Coaches Education and Training Requirements

- ✓ **UIL Professional Acknowledgement Form**– On file with the district (C&CR 1202(j))
- ✓ **Coaches Certification Program (CCP)**– online / in-person training (C&CR 1208(i))
  - 1) Constitution & Contest Rules
  - 2) Ethics
  - 3) UIL Steroid Education
  - 4) Safety Training (state law)
  - 5) Concussion Training (state law)
  - 6) Sport Specific Training – each sport has a separate module
  - 7) **Football Coaches ONLY** – Best Practices in Tackling certification
  - 8) **First Year Coaches ONLY** - Fundamentals of Coaching in Texas (C&CR 1202 (L))
  - 9) **Safety/Risk Minimization for Cheerleading Coaches** – local district determines the provider for training, and training must be completed prior to any student contact





# **STUDENT PARTICIPATION**

## **Required Forms**

- ✓ ***Pre Participation Physical Examination Form***
- ✓ ***Medical History Form***
- ✓ ***Rules Acknowledgment Form***
- ✓ ***Parent or Guardian Permit***
- ✓ ***Parent/Student Anabolic Steroid Use and Random Steroid Testing Form***
- ✓ ***Concussion Acknowledgement Form***
- ✓ ***Sudden Cardiac Arrest Awareness Form***



# PRACTICE & GAME REGULATIONS

## ✓ Practice

- *Outside the school year vs School is in-session*
- Coaching outside your sport season
- Individual Sports vs Team Sports

## ✓ Games

- Season Limits
- School Week vs Calendar Week
- HS vs JH







# CONTEST REGULATIONS

✓ **High School** - One Contest per **School Week**:

- See specific sport for calendar week limits.

Per activity-Per Student

*Exceptions:* Tournaments, Post-Season, Postponed District Varsity Games

✓ **Junior High** – 1 Contest Per **Calendar week**.

Know Your

**Sport**

Yearly Game  
Limitations!!  
(See Manual)

Difference between Calendar and School week:

✓ **Calendar Week :**

- 12:01 am Sunday to midnight Saturday

✓ **School Week:**

- 12:01 on 1<sup>st</sup> instructional day of the week to close of instruction on the last instructional day of the week



# General Regulations for Junior High



- ✓ **Scheduling.** No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants.
- ✓ **No Post-district Competition.** There shall be no post-season playoffs or competition in any athletic event.



**ELIGIBILITY**



# ELIGIBILITY

## *Eligibility - 1st Six-Weeks of School Year*

- **Grades nine and below** - promoted
- **Second Year of High School** – five accumulated credits
- **Third Year of High School** - ten accumulated credits or five credits within the last twelve months
- **Fourth Year of High School** - fifteen accumulated credits or five credits within the last twelve months



# ELIGIBILITY

## Sub-Varsity and Junior High



An Individual is Eligible to participate if...

### Sub Varsity Eligibility

- Full Time Student
- Academically Eligible

### Junior High Eligibility

- Full Time Student
- Academically Eligible
- Age Appropriate for JH athletic competition





# ELIGIBILITY

## *Varsity Athletics*

- ✓ Meets all requirements of Section 400 & 403
- ✓ Is an amateur
- ✓ Meets Parent Residence Rule
- ✓ Meets the Age Rule
- ✓ Has not changed schools for athletic purposes
- ✓ Previous Athletic Participation Form

# RGCCISD UIL Eligibility Calendar 2020-2021

Eligibility Calendar will be emailed to coordinators

# PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)



- Required for All **NEW** students in grades 9-12 who have:
- **Required** if a student practiced or participated with a former school in grades 8-12 in any UIL athletic activity.
- **New school must verify that the student meets the parent residence rule.**
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the **varsity** level at the new school
- Submitted to the UIL office.





**CONTACTS & LINKS**

# Links found on UIL Website

- CONSTITUTION & CONTEST RULES (C&CR)
- TEA-UIL SIDE-BY-SIDE
- ATHLETIC RULES (SECTIONS 1200 THROUGH 1210 C&CR)
- RULES VIOLATIONS AND PENALTIES (SECTION 1207 C&CR)
- BOOSTER CLUB GUIDELINES
- SUMMER STRENGTH & CONDITIONING REGULATIONS
- NON-SCHOOL PARTICIPATION REGULATIONS

Images provided by Google







# Organizational Chart/Duties

## **Rey Ramirez – Director of Athletics**

- ❑ Budget
- ❑ Stipends
- ❑ Calendars
- ❑ Approve Purchase Orders
- ❑ Arbiter Pay
- ❑ Approve Travel
- ❑ DEC Meetings
- ❑ A.D.'s Meetings
- ❑ Game Reports
- ❑ Play-offs Contracts/Reports
- ❑ Lights

## **Henry Cantu – Asst. Athletic Director**

- ❑ Rank One: Schedules, Rosters, Inventory, etc.
- ❑ Work Orders
- ❑ Request Security for all Home Games
- ❑ Transportation
- ❑ Monitor Practice and Games
- ❑ Accountability for Coaches CPR/AED/First Aid, CCP, Tackling, Concussion etc.
- ❑ Other duties assigned by A.D.

# Organizational Chart/Duties

## ○ **Esther Pena – Secretary**

- Answer phones
- All Requisitions/Purchase Orders
- Time Sheets
- Monitor Hourly Employees Hours
- Ticket Sales
- Deposits
- Payments
- Physicals
- Other duties assigned by A.D.

## ○ **America Paredes - Secretary**

- Answer Phones
- Meals
- Travel Requests
- Letterman Jackets
- Officials & Workers not paid thru Arbiter
- Ticket Sales
- Entry Fees
- Other duties assigned by A.D.

## Athletic Trainer

- Schedule Ambulance for Home FB games
- Athletic Insurance
- AED's
- Coordinate Physicals
- Concussion Protocol
- Lightning Safety
- Order and keep inventory of supplies
- Other duties assigned by A.D



# Supervision of Athletes

- 1) It is a coaches responsibility to supervise all athletes at all times.
- 2) This includes during workouts, competition, when traveling, and making sure that they are picked up after workouts & games.
- 3) Please monitor athletes when working outside in the heat.
- 4) Water breaks for athletes are essential, especially for outside activities.





# Vertical Alignment

1. Our district goal is for MS and HS athletic programs to be aligned
2. MS Athletes will participate in Strength & Conditioning 3 days during athletic periods during off-season and skills for 2 days out of the week. After track season, 5 days will be devoted to strength and conditioning.
3. MS Athletes will not be cut from any program due to skill level. Athletes must be allowed opportunity to participate on practice squad.
4. Middle school teams must run offensive and defensive systems which are vertically aligned with their respective feeder high school.
5. Specific rules and guidelines for each sport must be implemented by all middle school coaches.
6. HS head coaches must provide a clinic for middle school coaching staff in their sport. Please turn in agenda and sign-in sheet to HS Athletic Coordinator.
7. Summer camps a great way to develop relationships with your young students.



# Hourly Employees

Turn in time sheets to Esther at Athletics

Hourly employees may not exceed allowed stipend and allowed hours for each sport.

If complete stipend is not used, employee may not roll over hours to another sport or continue to work after one week after sport is completed.

Must receive principal approval and clearance from Athletic Department and HR before they begin work.

# Summer Camps/Open Gym

- 1) Athletic Coordinator must approve camp flyer before it is turned in to Athletic Department or distributed.
- 2) Camp flyer will then be submitted to Athletic Department for approval & posting on website.
- 3) All camp registration fees must be made out to the program or booster club, not to coach of program.
- 4) Athlete sport instruction during the summer, must abide by all UIL rules and guidelines.
- 5) Open gym session should be open to all campus students.

# Reminders

- School Approved Logos
- Rank One: Calendar & Deadlines
- Budget Deadline – Must spend monies in your budget by April 1<sup>st</sup>.
- Arbiter Vouchers: Must be turned in by the next business day. We pay on Wednesdays and Fridays.
- Tickets for Varsity Events: Home Town Tickets. Go to [www.rgccisd.org](http://www.rgccisd.org)
- RGV Tournament Fees 2021-2022

# Rank One

1. All schedules must be made public One month before season starts and updated in a timely manner in Rank One program. Please update!!!!
2. A copy of schedule for all teams must also be submitted (email form) to AD & Asst. AD.
3. Please input playoff information in Rank One.
4. Please report scores for all teams through Rank One with in 24 hours.
5. Athletic Trainers will utilize the program for athlete paper work and injury treatment.
6. Inform athletes, parents, and booster clubs of scheduling program.
7. Athlete forms must be submitted by parents online through Rank One program.



# Meals

- Meal allowance is \$7.00 for lunch and dinner and \$5.00 for breakfast.
- Breakfast is allowed only if travelling before 6:00 AM.
- A Purchase Order must be requested prior to the trip. Please include bus driver for meals when traveling by school bus.
- Whataburger will be used as an emergency in case no purchase order is produced.

# Trip Requests

A. 72 Hrs. Prior

B. Trip Name (Funding Code)

199-36-6494-805-291-000

C. Contact Person is Henry Cantu



**Dr. Susan Elza (UIL Director of Athletics)**  
**214-418-3591**

Brian Polk (Assistant Athletic Director)  
903-821-4242

Brandy Belk (Assistant Athletic Director)  
512-635-6634

AJ Martinez (Assistant Athletic Director)  
361-816-1281

Joseph Garmon (Assistant Athletic Director)  
361-244-0497

# Athletics Department Contact Info.

- Rey Ramirez, [rramirez@rgccisd.org](mailto:rramirez@rgccisd.org) 956-844-9090
- Enrique (Henry) Cantu, [ecantu001@rgccisd.org](mailto:ecantu001@rgccisd.org)  
956-735-6141
- Esther Guerra, [eguerra@042@rgccisd.org](mailto:eguerra@042@rgccisd.org)
- America Paredes, [aarredondo001@rgccisd.org](mailto:aarredondo001@rgccisd.org)



**THANK YOU!**  
**BEST OF LUCK!**

**Have an Awesome Season and A Great Year!**